HEALTH PROBLEMS chickenpox a cold tonsillitis the mumps a headache a toothache a stomachache a backache an earache have fever a cut a bruise a sore throat a cough





























to pass out a rash







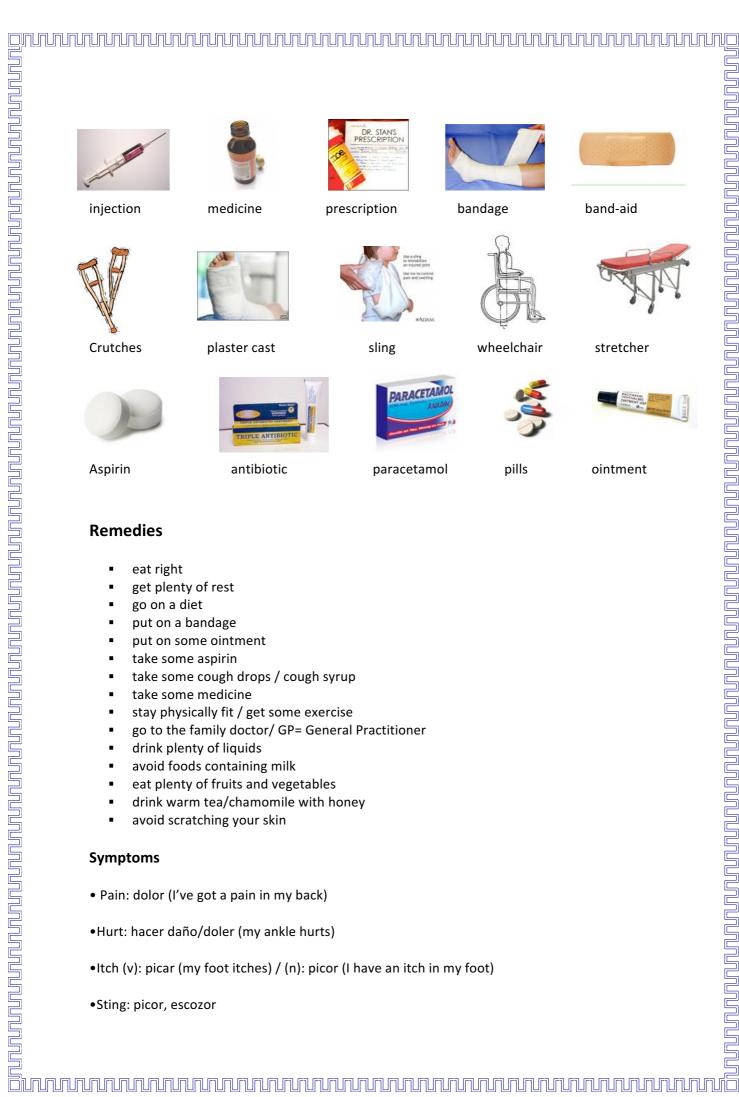




diarrhea

constipation

surgeon nurse





Remedies

- eat right
- get plenty of rest
- go on a diet
- put on a bandage
- put on some ointment
- take some aspirin
- take some cough drops / cough syrup
- take some medicine
- stay physically fit / get some exercise
- go to the family doctor/ GP= General Practitioner
- drink plenty of liquids
- avoid foods containing milk
- eat plenty of fruits and vegetables
- drink warm tea/chamomile with honey
- avoid scratching your skin

Symptoms

- Pain: dolor (I've got a pain in my back)
- Hurt: hacer daño/doler (my ankle hurts)
- •Itch (v): picar (my foot itches) / (n): picor (I have an itch in my foot)
- •Sting: picor, escozor

